

# NEWSLINE

Tuesday October 31 2017

Sale Primary School No 545  
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No. 33

## OUR SCHOOL VALUES

### RESPECT, HONESTY, ENJOYMENT, RESILIENCE & SUCCESS

#### Dates to Remember

##### November

###### Tuesday November 7

- Melbourne Cup Day Public Holiday

###### Wednesday November 8

- 2pm-3.15pm 2018 Prep Orientation Session

###### Wednesday November 15

- 2pm-3.15pm 2018 Prep Orientation Session

###### Monday November 20

- 2pm Parents & Friends Meeting

###### Wednesday November 22

- 2pm-3.15pm 2018 Prep Orientation Session

###### Friday November 24

- No 'out of town' buses running today

##### December

###### Thursday December 7

- Grade 6 Graduation

###### Monday December 11

- 2018 Grades announced
- Christmas Concert in the Park

###### Friday December 15

- Transition Day – students in their 2018 grades
- 11.30am-1.00pm 2018 Prep Orientation Session

###### Thursday December 21

- Last day of Term 4 for students – 3.30pm dismissal

#### PREP ENROLMENTS FOR 2018 NOW OPEN

*Whole School Assembly 8.50am every Monday*

*School Banking – every Monday*

*Uniform Shop Open Tuesday & Wednesday 8.30am-9.15am*

#### State Athletics Carnival

Congratulations to all students who competed in the State Primary School Athletic Carnivals yesterday. They should all be very proud of their achievements. All of the results from the day can be found at the end of this Newsline in Mrs Courtney's report.

#### Prep Orientation & Transition

Next week sees the beginning of Orientation Days for our 2018 Foundation students (Preps). Their first session will be on **Wednesday November 8** at 2:00 – 3:15! These will continue throughout November as we prepare these students for school life in 2018.

As a further commitment in supporting student transition into 2018, we will also be having two - transition sessions for all other current students on **Monday December 11** (2018 Grades announced) and **Friday December 15** where students will be in their 2018 classrooms with their 2018 teacher/s.

#### Camp Rumbug (Middle School)

Good luck to all the students, staff and parents that will attend Camp Rumbug from tomorrow for the rest of the week. No doubt, it will be a fun-filled exciting time for all!

#### 2018 Planning

At this time of the year, many decisions and arrangements are being made in preparation for the 2018 school year.

To assist in our planning, we would appreciate being notified immediately of any the following situations:

- New enrolments (2018 Foundation and other levels) – if you know of any new enrolments, please notify the Office.
- Transfers Out – if you are not returning to 545 in 2018 (Grade 6ers excluded), please notify the Office of your impending departure.
- If you have any specific parental requests for Grade Placements in 2017, please notify the Principal (in writing), no later than **Friday November 24**. Whilst there are no guarantees, all reasonable requests will be considered but parents are reminded that requests are not to take on the topic of "choosing a specific teacher".

#### Be part of 545's History - Commemorative Plaques

An opportunity exists again this year for former and existing members of our school community who would like to support the school and leave their mark on history.

#### Principal's Report – Brad Evans



##### Walk To School

How fantastic was Friday's Walk to School and Breakfast? 70 people were on Mr E's Bus, 50 on Mr Chivers' & Miss Kuch's Bus from Woondella and over 20 on Nala's Bus from Wurruk showed just how keen everyone is to

stay healthy and walk, scoot or ride to school.

There was amazing staff and parent support on the buses as well as in the preparation and serving of a scrumptious breakfast that saw over 200 diners! Thank-you to all involved!

Even though Walk to School Month is over, given the success of this initiative, the Walking Buses must keep rolling even it has to be on a modified timetable! This week, Mr. E's bus will operate on Wednesday and Thursday only and Mr Chivers' and Miss Kuch's bus will operate on Friday only. There will be no Nala Bus at all this week due to Mr Jondahl being on camp.

School Supervision: Children are supervised between the hours of 8.45am and 3.45pm.

In partnership with Gippsland Trophy House, brick mounted plaques will be created and secured on our established feature wall to permanently preserve your involvement at the school.

At a cost of: **\$50 per plaque.**

Plaques dimensions are: 150mm X 60mm (inclusive of a maximum of **18 Characters including spacing X 2 Rows**)

E.G.:

				B	R	A	D			E	V	A	N	S					
				P	R	I	N	C	I	P	A	L							

Orders forms have been made available with this week's Newsline and will remain so until the end of November for production in early December allowing for the plaques for this year to be mounted before the end of the school year. Additional order forms are also available from the Main Office.

**Orders are now on sale and will close on Thursday November 30.** Please note: No late orders can be accepted after this date.

## Parents & Friends News Miranda Peverill

### Next Parents & Friends Meeting

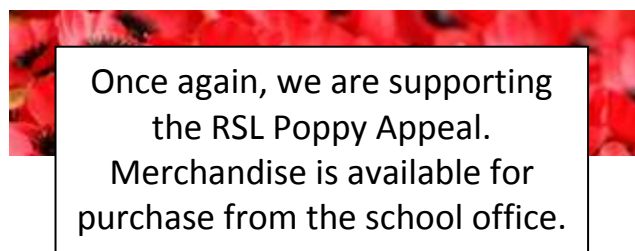
The next Parents and Friends Meeting will be held on **Monday November 20 at 2pm** in the Nest. Everyone is most welcome to attend.

### Term 4 Canteen Price List and Roster

The canteen will be open on Wednesday and Friday from 1pm- 1.30pm for snacks only. The price list and roster are as follows:

Canteen term 4 2017	
Price List	
• Lemonade Icy pole	\$1.00
• Icy Stick	60 cents
• Frozen Yogurt	\$1.30
• Frozen Prima	\$2
• Salt n Vinegar Delites	60 cents
• Popcorn	60 cents

Canteen Helpers are needed 1pm-1.45pm  
\*\* Special lunch Day (11.30am-1.45pm)



### Canteen Roster

November	
Wed 1 <sup>st</sup>	Mel Wilson, Loretta Wright
Fri 3	Stephen Hartley, Helen Holliday
Wed 8	Amber Weaver Smith, Lyndal Moon
Fri 10	Lotje McDonald, Bianca Horder
Wed 15 **	Loretta Wright, Helen Holliday
Fri 17	Myra Lindrea, Stephen Hartley
Wed 22	Mel Wilson, Melissa Wain
Fri 24	Kelly Daymond, Bianca Horder
Wed 29	Amber Weaver Smith, Nick Wilson
December	
Fri 1	Lotje McDonald, Helen Holliday
Wed 6 **	Mel Wilson, Kelly Daymond
Fri 8	Myra Lindrea, Stephen Hartley
Wed 13	Melissa Wain, Loretta Wright
Fri 15	Kelly Daymond, Helen Holliday

### Term 4 Swimming Program

TERM 4 - SWIMMING TIMES AND GRADES:			
Grade/s	Depart 545	Swim	Depart Pool
<b>GROUP 1:</b> PGS & SC	9:10	9:20 - 10:00	10:20
<b>GROUP 2:</b> PN & SD	9:50	10:00 - 10:40	11:00
<b>GROUP 3:</b> PS & SL	10:40	10:50 - 11:30	11:50
<b>GROUP 4:</b> PBP & SI	11:20	11:30 - 12:10	12:30

### Music Soirée with Julie Ward's Students

On **Thursday November 9** Julie's music students are invited to play two pieces in the new venue, Bond St Event Centre starting at 6.30pm. Non-performing adults \$5 entry to cover costs thanks. The Wellington Ensemble and Choir for Christmas and more will perform at 7.15pm, along with Julie's other students. You are welcome to stay and enjoy their music.

### Message for Out of Town Bus Travellers

Parents of out of town bus travellers will need to make alternative arrangements for their children to get to and from school on **Friday November 24** as out of town buses are not running on this day.

### Japanese News Di Collins

The Japanese word of the week is

えんぴつ を ください

enpitsu wo kudasai

Can I please have a/the pencil.



## **Special Weekly Awards**

Special Weekly Awards were presented to these students at assembly on Monday October 30, 2017

<b>Grade</b>	<b>Name</b>	<b>Reason</b>
PBP	Ethan	For excellent contributions to all class discussions
	Oceannah	For always trying to do her best in all activities since she has joined our class
PGS	Eli	For working hard at swimming lessons to learn to float
	Isaac	For being interested in all his learning and giving his best effort
PN	Cohen	For trying his best to write interesting factual sentences
	Sophie	For working cooperatively with her partner
	Paige	For working cooperatively with her partner
PS	Alice	For her detailed recount and excellent punctuation about painting the sky
	Blake	For not giving up at swimming lessons and trying so hard !
JC	Jaiden	For extending his homework by bringing a science experiment from home for us all to enjoy
JJ	Willa	For her wonderful information report on Meerkats
JK	Harry	For his excellent information report on crocodiles
JP	Jack	For his ability to code a dragon to eat and blast a range of different characters
	Sienna	For being brave and using her resilience last Thursday
JS	Aleirah	For always being a happy and friendly member of JS
SD	Luke	For the perseverance he has shown during problem solving to find the correct solution.
	Kira	For working hard to improve her understanding of explanation texts and using this to write a detailed explanation of how earthquakes occur
	Caleb	For making great improvements in his understanding of the purpose and structure of an explanation text
SG	Jett	For sharing his quirky sense of humour during our miming activity
	Ella	For her convincing arguments in exposition writing about dogs as pets
SL	Sharni	For creating exceptionally detailed replica and dust covers of her literature assignment text "The Butterfly Lion"

**This week's weekly award winners**

**This week's playground award winners were Mahley, Thomas and Emily**

# SSV State Athletics – Monday October 30, Lakeside Stadium, Melbourne

## Bree Courtney

What a wonderfully successful day it was for 545 yesterday at Lakeside Stadium in Melbourne for the SSV State Athletics Championships. 11 students travelled to Melbourne to compete against other primary school athletes from every region of Victoria, and they did our school community proud. In addition to the two 12yo boys and girls relay teams, we also had a number of students competing in individual events. These 11 students are to be commended for all the hard work they have put into training for their events, and the way in which they go about competing; they display determination, resilience, enjoyment and respect for not only themselves but most importantly for other competitors. Well done kids, your school community is very proud of you!

### Results:

#### 100m

Isla	14 <sup>th</sup>	14.69
Finn	11 <sup>th</sup>	13.43

#### 200m

Isla	9 <sup>th</sup>	29.91
Finn	7 <sup>th</sup> in final	28.09
Shae-Lee	15 <sup>th</sup>	33.64

#### Discus

Isabelle	13 <sup>th</sup>	17.06m
Krystal	12 <sup>th</sup>	23.10m
Marshall	8 <sup>th</sup>	28.14m

#### Long Jump

Krystal	6 <sup>th</sup>	4.33m
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#### Relay

12yo Girls – Eden, Isla, Camryn, Krystal	8 <sup>th</sup> in final	58.17
12yo boys – Ben, Finn, Thomas, Isaac	9 <sup>th</sup>	55.96

**Thrift Shop 2017**  
 Saturday the 18th November  
 9am till 3pm



**Entry fee \$10**  
 refreshments available

The I23 Cafe/Project annual Thrift shop Day  
 All proceeds go to establishing our backyard  
 outdoor area.

123 Cuminghame Street Sale Phone: 0410 543 842

WWW.BLUELIGHT.ORG.AU



**SALE BLUE LIGHT DISCO**

**FRIDAY 17<sup>TH</sup> NOVEMBER**  
 6.30-8.30PM | GRADES 3 TO 6 | \$5 ENTRY

**SALE MEMORIAL HALL**  
 MACALISTER ST. SALE

CONTACT LEADING SENIOR CONSTABLE KIM KELL 03 5142 2200

WELLINGTON BLUE LIGHT - VICTORIA  
 PLEASE ASK YOUR PARENTS TO USE THE FACEP FOR ARE UNDER 13 | BLUELIGHT\_VIC



## HOW INDEPENDENCE-BUILDING IS THE PATHWAY TO YOUR CHILD'S RESILIENCE

BY MICHAEL GROSE

*Parents and teachers often ask me how to build resilience in kids.*

*My response is always the same. "Start by building independence and resilience will follow."*

### **Children are hard-wired for independence**

Sometime around the age of fifteen months (give or take three months) most children will make a strong case for self-sufficiency. They demand to do things their own way. This demand is soon backed by a strong voice – "NOOOO!" and the more articulate cries of "I can do it!" as their third birthday approaches.



This is the time to harness their push for independence and self-sufficiency. Their push for independence will see most children take incredible physical risks in the form of play, the exploration of their immediate environment and their wish to gain mastery over their environment. Concerned parents will naturally minimise risks by moving furniture around; keep doors closed and hiding sharp implements at home, to name a few protective measures. But parents can't eradicate all risks. They recognise that kids will fall and hurt themselves but they'll also get up and go again. In time, they'll learn to assess situations, stare down their fears and test themselves out in new situations. Falling down, brushing yourself off and trying again is part of the natural learning experience for most young children. Parents don't have to do much more than assess a situation for real dangers, stand back and allow kids to explore their environments and pull them up when their play and explorations transgresses the rights and peace of others.

### **So what's this got to do with resilience?**

Well, everything really. Independence is the pursuit of mastery over one's self and one's environment and it rarely happens without mishaps and mistakes. It nearly always involves hurt, hardship, frustration and fear. That's where resilience comes in. Resilience is the art of bouncing forward after experiencing aforesaid hurts, hardships, frustrations and fears. Resilience is what comes from seeking out self-sufficiency and independence.

### **The language of Independence**

The fact that there's a whole genre of language devoted to resilience (and it's mostly cloaked in cliche) is no accident. Terms such as "get back on the bike/horse when you fall off"; "come on, brush yourself off and get on with it"; "what doesn't kill you makes you stronger" are built into the psyche of past generations. Many parents today will cringe at these terms as they appear a little callous and out of touch. Conversely the current relationship with risk and adventure (both required for independence-building), that many parents have is very tenuous at best, non-existent at worst.

Therein lies the challenge. I haven't met a parent, carer or teacher who doesn't want the children in their care to develop resilience that will last a lifetime. Yet, many of those same adults will block the pathway to children's resilience by over-indulging, solving their problems and not giving them real responsibility. In doing so they deny kids the sense of mastery that comes from sorting out their own problems, getting themselves out | jams and getting up after a fall.



You can never love your children too much; but you can love them helplessly. That's what happens when we deny kids the opportunity to become truly independent and self-sufficient. Deny self-sufficiency and you block a child's resilience. Develop real independence and you open the pathway to resilience that will last a lifetime.